



OBS Peer Supporter Volunteer Role Description

Volunteer role	Peer Supporter Volunteer
Volunteer manager	Charity Director
Staff contact	Session Facilitator
Where you'll be based	Donnington Doorstep/Barton/Didcot/Kidlington

Why we want you

To help support in-person breastfeeding support sessions in community locations around Oxfordshire. Sessions are run and project-managed by skilled Oxfordshire Breastfeeding Support Facilitators.

What you'll be doing

- Being friendly and welcoming
- Giving evidence-based breastfeeding information and support to parents
- Introducing parents to one another
- Encouraging parents to connect and bond with one another
- Leading by example, by breastfeeding your child (if you are currently breastfeeding and your child is with you)
- Giving parents support with issues connected to the normal course of breastfeeding (including positioning and attachment)
- Contributing to session data collection
- Using information resources to deliver breastfeeding support

The skills and attributes you'll need

- Experience of breastfeeding, chestfeeding or exclusively pumping for 6 months +
- Completion of peer supporter (or breastfeeding counsellor level) training
- Strong social skills
- Strong listening skills
- The ability to be empathetic
- Confident with digital technology including WhatsApp, email and Google suite

What's in it for you

- The opportunity to make a real difference to breastfeeding families
- Working as part of a team with like-minded people
- Induction, support and supervision to help you do your role

Expectations

- That you will be guided and supervised by the group Facilitator
- You are not expected to help solve complicated breastfeeding problems
- To attend group supervision 3 times a year
- That you sign up to our Volunteering Agreement

Last updated June 2023